

## FOR MORE LIFE. IN EVERY MOMENT.

### You can have an impact on your cancer treatment.

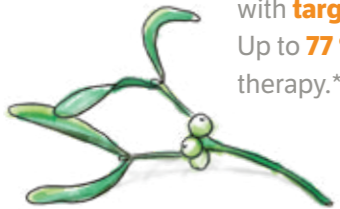
Mistletoe therapy offers proven support during treatment and reduces common side effects of conventional cancer therapy:

- ✔ Relieves persistent exhaustion (fatigue)
- ✔ Stimulates the body's defenses and the immune system
- ✔ Improves mood and body temperature

Regain vitality and quality of life.

Up to **88 %**

of cancer patients in Germany want to supplement their oncological treatment with **targeted support for their symptoms**. Up to **77 %** chose adjunctive mistletoe therapy.\*



\* Matthes H et al. Statement to an Insufficient Systematic Review on *Viscum album* L. Therapy, eCAM Article ID 7091039

## YOUR RELIABLE COMPANION

Are you looking for ways to support your body, regain strength and experience more quality of life? Mistletoe therapy is the best investigated, most common adjunctive cancer therapy for use in all oncological stages.

### Talk to your doctor.

She or he will choose the right type of mistletoe for you and familiarize you with its use. You can continue the therapy easily and safely at home.



**Therapy Advisory Service:**  
Get answers from our experts.  
**+49 7428 935-344**  
**advice@helixor.com**



**Learn more about the power of mistletoe:**  
**www.helixor.com**  
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## FOR MORE LIFE. IN EVERY MOMENT.

### Mistletoe Therapy

A Part of Integrative Oncology



Doing more for your quality of life

 Helixor

## FOCUS ON THE HUMAN BEING

A cancer diagnosis is a deeply personal experience. To ensure the best possible outcome, patients need to receive treatment that respects their humanity.

Do you feel the need to alleviate your symptoms and regain your energy? **Take your needs seriously** – and take action with your doctor or healthcare practitioner to find the best possible treatment.



Regain **vitality** and  
**quality of life.**

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## HE POWER OF MISTLETOE

White-berry mistletoe (*Viscum album*) is an unusual plant. In Europe, it lives on fir, pine, or deciduous trees such as apple trees. It grows as a spherical bush in the host tree's crowns and bears its fruit (berries) in winter – defying natural laws of sunlight and gravity.

Thanks to its invigorating and restorative properties, mistletoe has been considered an **effective medicinal plant** since ancient times.

Mistletoe contains over 1,000 constituents. The unique synergy of these substances gives the plant its broad spectrum of effects: strengthening the immune system, activating the body's defenses, and improving general well-being.

## 5 FACTS ABOUT MISTLETOE THERAPY

### 1 How long has mistletoe therapy been in use?

Mistletoe products have been used successfully in integrative cancer therapy **since 1917**.

### 2 Are there studies and trials on mistletoe therapy?

**Yes**, the efficacy and very good tolerability of mistletoe therapy has been demonstrated **in more than 150 clinical trials**. Several of these trials confirm the positive effect of mistletoe therapy on the patients' quality of life.



### 3 Mistletoe therapy is considered part of integrative oncology – what does that mean?

Integrative oncology combines conventional medicine and complementary medicine. Many medical clinics and practices that offer integrative oncology do so according to current oncological guidelines, including the use of all modern methods. In addition, they apply tested complementary methods, mistletoe therapy being one of the most frequently used. Mistletoe therapy does not replace conventional medicine but is a **meaningful addition and extension** that enables patients to manage their tumor treatment better.

### 4 When can mistletoe therapy be started?

**Anytime**. You can start mistletoe therapy in all stages of cancer treatment, before, during and after conventional therapy. The extract is usually injected subcutaneously 3 times per week.



### 5 Where to find more details about mistletoe therapy?

Please visit our website **www.helixor.com** for further information. Questions about the treatment can be addressed to the Therapy Advisory Service. Drawing on more than 40 years of experience in mistletoe therapy, our experts will respond to your inquiry free of charge: **www.helixor.com/integrative-cancer-therapy/therapy-advisory-service**.

Mistletoe products are available in many countries around the world. For information on ordering mistletoe products, or to locate your nearest distributor, please see: **www.helixor.com/contact/helixor-worldwide**.